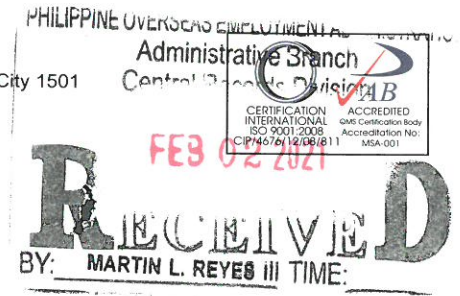




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Restrictions and Exemptions for Entry into Norway

Further to earlier announced tightening of entry regulations into Norway, the public is hereby advised that from 00:01 on 29 January 2021 onwards, Non-Norwegian citizens are not allowed to enter Norway. The entry restriction covers foreign citizens residing in the European Economic Area (EEA) and EEA citizens residing in third countries, as well as foreign citizens from countries outside the EEA including seasonal workers, among others.

Certain exemptions to restrictions apply and the following groups are still permitted to enter Norway, subject to health protocols in place, as follows:

- Non-Norwegian citizens who are residents of Norway
- Seafarers and aviation personnel
- Non-Norwegian citizens where there are specific grounds to allow such persons to enter the country, such as when exercising specific caring responsibilities for persons in Norway or for other significant welfare reasons
- Non-Norwegian citizens who are connecting from one flight to another at a Norwegian airport (both those in international transit and those within Schengen)
- Health personnel from Sweden and Finland who are employed in the Norwegian health and care services.

A complete list of groups restricted and exempted to enter Norway, are posted at the Government of Norway's official website

<https://www.regjeringen.no/en/topics/koronavirus-covid-19/travel-to-norway/id2791503/>.

For the information and guidance of all concerned.

BERNARD P. OLALIA
Administrator

___ January 2021

Sources : Official Website of the Government of Norway, www.Government.no

Philippine Overseas Labor Office -United Kingdom

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BY CTD ON FEB 02 2021